A person wearing glasses and smiling

Description automatically generated

**Title:** Balance and Well-Being

**Bio:** Natalie is a certified coach, motivational speaker, qualified civil engineer and people enthusiast. Natalie spent 20+ years in retail building and construction before founding NMS Coaching where she now supports individuals and businesses with purpose, confidence, alignment, leadership, managing conflict and communication skills.

**Natalie Miller-Snell**(she/her)

Founder | Coach | Mentor